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Shapeshifting into Higher Consciousness: Heal and Transform Yourself and Our World with Ancient Shamanic and Modern Methods Audible Audiobook – Unabridged Llyn Roberts (Author), John M. Perkins - introduction (Author), Leslie Howard (Narrator), 4.7 out of 5 stars 29 ratings See all 3 formats and editions

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Shapeshifting Into Higher Consciousness: Heal and Transform Yourself and Our World with Ancient Shamanic and Modern Methods. Combining shamanism, spirituality, ecology and activism, Llyn Roberts shares her years of experience with indigenous healers who come from cultures that know how to shapeshift realities.

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Award winning author, Llyn Roberts is a prominent teacher of healing and shamanism. Her books include Shamanic Reiki, The Good Remembering, and the Independent Publisher's award-winning Shapeshifting into Higher Consciousness. Her most recent book, Speaking with Nature, coauthored with Sandra Ingerman, is a Nautilus Gold award-winner.

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Shapeshifting into Higher Consciousness: Heal and Transform Yourself and Our World with Ancient Shamanic and Modern Methods. por Llyn Roberts ¡Gracias por compartir! Has enviado la siguiente calificación y reseña. Lo publicaremos en nuestro sitio después de haberla revisado.

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Shapeshifting Into Higher Consciousness. 9 Comments / Intuitive Healing, Love Yourself / By Jodi Aman. A year ago, I decided to do something to nurture my soul. Go to Shapeshifting Into Higher Consciousness Retreat. Working hard to build my practice, study and teach Narrative Therapy, and attend to my family and home, I had been neglecting myself. I looked for a retreat that allowed me to pause my hectic life and spend time inside my heart rather than in my head.

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Exercise: How to Shape-Shift . 1. Close your eyes and allow yourself to become deeply relaxed. As a suggestion, have a friend drum a very steady, continuous beat. (This is a traditional method to shape-shift.) Or play music designed for relaxation, which can help you enter into an altered state of consciousness. 2.

[How To Shapeshift - Heal Your Life](#)

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Shapeshifting into Higher Consciousness. Heal and Transform Yourself and Our World with Ancient Shamanic and Modern Methods. By: Llyn Roberts , John M. Perkins - introduction. Narrated by: Leslie Howard. Length: 10 hrs and 48 mins. Categories: Religion & Spirituality , Other Religions, Practices & Sacred Texts.

Shapeshifting into Higher Consciousness by Llyn Roberts ...

Each year IPPY honors excellence in a broad range of subjects, rewarding authors and publishers who 'take chances and break new ground.'. Llyn presents a potent combination of healing, spirituality, activism, ecology and shamanism by which you can effect positive personal and global change. ~ Cygnus. " Shapeshifting Into Higher Consciousness is a living breathing experience of the power within each of us to radiate the creativity of life itself.

Shapeshifting into Higher Consciousness from Moon Books

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Llyn Roberts is a prominent teacher of healing and shamanism. Title Shapeshifting into Higher Consciousness. Awarded a Bronze IPPY in New Age(Mind Body Spirit)

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Shapeshifting is a spiritual journey, a very tough one, but very rewarding, linking us with both the fundamental power of animals and with the higher self. It has a purpose and reality far beyond simply using shifter abilities for earthly benefits; it can lead us through the unseen veil that separates us from our Selves.

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Shapeshifting into Higher Consciousness, Heal and ...

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Shapeshifting is a spiritual journey, a very tough one, but very rewarding, linking us with both the fundamental power of animals and with the higher self. It has a purpose and reality far beyond simply using shifter abilities for earthly benefits; it can lead us through the unseen veil that separates us from

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Llyn Roberts shares her years of experience with indigenous healers, shamans, and Elders who come from cultures that know how to shapeshift realities. She translates ancient techniques into easy to understand modern practices that you can use every day to transform personal imbalances, open to your life purpose, deepen your relationship with spirit and nature, and reclaim your power to make a positive difference in the world.

Through the ages spiritual teachers, healers and shamans of all traditions have been telling us that there is another world behind this one. One of powerful, loving energies, and beings of light. Their voices speak to us, and if we are prepared to listen, they will change our lives, and our planet's future. The Good Remembering is an inspired rendering of the collective wisdom of these voices, drawing on native wisdom from around the world.

Llyn Roberts shares her years of experience with indigenous healers, shamans, and Elders who come from cultures that know how to shapeshift realities. She translates ancient techniques into easy to understand modern practices that you can use every day to transform personal imbalances, open to your life purpose, deepen your relationship with spirit and nature, and reclaim your power to make a positive difference in the world.

Shamanic Reiki introduces techniques that healers and Reiki practitioners can draw on to tap ancient healing wisdom. Shamanism and Reiki are, by themselves, powerful ways to

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heal. Together, their power multiplies, and healing methods become available that aren't accessible if used separately. The purpose of Shamanic Reiki is to introduce you to concepts in both and provide you with detailed proven methods to enhance your own healing practices.

Connecting with nature and nature beings to help heal us and the Earth • Provides experiential practices to communicate with nature and access the creative power of the Earth • Shares transformative wisdom teachings from conversations with nature beings, such as Snowy Owl, Snake, Blackberry, Mushroom, and Glacial Silt, exploring the role of each in bringing balance to the planet Nature and the Earth are conscious. They speak to us through our dreams, intuition, and deep longings. By opening our minds, hearts, and senses we can consciously awaken to the magic of the wild, the rhythms of nature, and the profound feminine wisdom of the Earth. We can connect with nature spirits who have deep compassion and love for us, offering their guidance and support as we each make our journey through life. Renowned shamanic teachers Sandra Ingerman and Llyn Roberts explain how anyone can access the spirit of nature whether through animals, plants, trees, or insects, or through other nature beings such as Mist or Sand. They share transformative wisdom teachings from their own conversations with nature spirits, such as Snowy Owl, Snake, Blackberry, Mushroom, and Glacial Silt, revealing powerful lessons about the feminine qualities of nature and about the reader's role in the healing of the Earth. They provide a wealth of experiential practices that allow each of us to connect with the creative power of nature. Full of rich imagery, these approaches can be used in a backyard, in the wilderness, in a city park, or even purely through imagination, allowing anyone to communicate with and seek guidance

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from nature beings no matter where you live. By communing and musing with nature, we learn how to speak to the spirit that lives in all things, bringing balance to us and the planet. By tapping into the feminine wisdom of the Earth, we evoke a deep sense of belonging with the natural world and cultivate our inner landscape, planting the seeds for harmony and a natural state of joy.

After 'Hit Man' The New York Times bestseller Confessions of an Economic Hit Man documents John Perkins' extraordinary career as a globe-trotting economic hit man. Perkins' insider's view leads him to crisis of conscience--to the realization that he must devote himself to work which will foster a world-wide awareness of the sanctity of indigenous peoples, their cultures, and their environments. Perkins' books demonstrate how the age-old shamanic techniques of some of the world's most primitive peoples have sparked a revolution in modern concepts about healing, the subconscious, and the powers each of us has to alter individual and communal reality. Many indigenous cultures practice shapeshifting. Native American hunters take on the spirit of their prey to ensure a successful hunt; Asian medicine men "ingest" a sickness to heal the one afflicted; Amazon warriors become jaguars to soundlessly travel the jungle. Those who shapeshift understand that all of life is energy and that by focusing your intent you can change energetic patterns, rendering a new form. Shapeshifting can occur on three levels: cellular--transforming from human to plant or animal; personal--becoming a new self or leaving an addiction behind; and institutional--creating a new business or cultural identity. Since 1968, master shamans in Africa, Asia, the Middle East, and the Americas have been training John Perkins to teach the industrial world about the powerful techniques involved in shapeshifting. His groundbreaking

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book takes you to deserts and jungles, mountains and oceans, medical research centers and corporate board rooms to learn the step-by-step methods of this practice that integrates ancient and modern techniques to bring about profound healing.

SHAPESHIFTERS are people with animal medicine, people who can connect with and use their animal powers. Those with access to this magical power can shift mentally, astrally, or even physically into their power animal or totem. Rosalyn Greene's ability to shift, both mentally and astrally, combined with her extensive study of the secret shapeshifting folklore, has resulted in this fascinating examination of all aspects and forms of shifting. This unique book helps you realize your potential for being a shapeshifter, giving detailed explanations about how the various forms of shifting occur. She shows you how to distinguish powerful visions, anxiety attacks, and imagination from real shifting, as well as how to recognize the warning signs of an imminent shift. Since there can be dangers and risks on both the mundane and psychic levels when you pursue the path of a shifter, many of the potential dangers associated with specific practices are carefully outlined. Shapeshifting is a spiritual journey, a very tough one, but very rewarding, linking us with both the fundamental power of animals and with the higher self. It has a purpose and reality far beyond simply using shifter abilities for earthly benefits; it can lead us through the unseen veil that separates us from our Selves.

The author's journey to becoming a Bushman shaman and healer and how this tradition relates to shamanic practices around the world • Explores the Bushmen's ecstatic shaking and dancing practices • Written by the first non-Bushman to become fully initiated into their healing and spiritual ways In

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Bushman Shaman, Bradford Keeney details his initiation into the shamanic tradition of the Kalahari Bushmen, regarded by some scholars as the oldest living culture on earth. Keeney sought out the Bushmen while in South Africa as a visiting professor of psychotherapy. He had known of the Kalahari "trance dance," wherein the dancers' bodies shake uncontrollably as part of the healing ceremony. Keeney was drawn to this tradition in the hope that it might explain and provide a forum for his own ecstatic "shaking," which he had first experienced at the age of 19 and had tried to suppress and hide throughout his adult life. For more than a dozen years Keeney danced with Bushmen shamans in communities throughout Botswana and Namibia, until finally becoming fully initiated into their doctoring and spiritual ways. Through his rediscovery of the "rope to God" in a Bushman shaman dream, he offers readers accounts of his shamanic world travels and the secrets of the soul he learned along the way. In Bushman Shaman Keeney also reveals his work with shamans from Japan, Tibet, Bali, Thailand, Australia, and North and South America, providing new understandings of other forms of shamanic spiritual expression and integrating the practices of all these traditions into a sacred circle of one truth.

A powerful debut from one of the world's most respected shamanic teachers, following Marcela Lobos's journey in this world and the world of spirit. The stress, conflict, and crises of the outer world are a signal: the time has come to awaken your inner shaman. However, you don't need to be initiated into arcane mysteries to answer the call from Spirit. In this book, Marcela Lobos reveals how to use the maps offered by the shamanic Medicine Wheel and the hero's journey to activate your inner wisdom and live a self-realized existence of discovery, healing, and wholeness. From her childhood in a

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war-torn country to her initiation with the shamans of the Andes and her life today as a teacher and medicine woman, Marcela's story offers a flesh-and-bones context for each step on the archetypal journey to Self. It is also an invitation to step out from your ordinary life and take the first steps on your own quest for spiritual understanding and deep transformation: to learn to walk the Medicine Path and to find your own power and inner beauty.

To learn to think like a shaman is to attune yourself to a magical spectrum of infinite possibilities, unseen truths, alternative realities, and spiritual support. When a shaman likes what's happening, they know how to make it better, and when they don't, they know how to change it. The Shaman's Mind is a book that teaches the reader how to align and transform their own mind into one that sees the world through the lens of the indigenous healers of old. Based on the Omega workshop by the same name.

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